

CERTIFICATE

OF PARTICIPATION

This is to certify that

Samukelisiwe Mhlongo

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 02:56:29

PACE 08:24/km

GENDER 169 of

323

OVERALL 533 of 766

SENIOR (20- 97 of 175

39)

26 October 2019, Sat Date

